

PRO-SYS®

PROFESSIONAL

VarioSonic®

User Manual



PRO-SYS® VarioSonic® Power Toothbrush
Quick Start Guide & User Manual



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Welcome

THANK YOU

The VarioSonic power toothbrush by PRO-SYS was scientifically developed with great care to help you embark on a lifelong journey toward improved oral health. It delivers complete hygiene for a dentist-like clean at home.

Brushing with VarioSonic is different than with an ordinary toothbrush and even other power toothbrushes. Please read these instructions thoroughly prior to using your new brush for the first time to ensure you get the most from every brushing session.

What's Inside the Box?

- 1 VarioSonic Power Toothbrush
- 2 Five Brush Heads
- 3 Power Cord With USB
- 4 Charging Dock
- 5 Travel Case
- 6 User Manual
- 7 Mode/Brush Head Selection Guide



Preparing for Use

CONNECT TO POWER SOURCE

Position the charging dock on a level, non-slippery surface in a convenient location near the desired power source. Be careful to situate both pieces so they are not in danger of falling or sliding into your sink, as neither the charging dock nor the unit should ever be submerged in water.

CHARGE THE UNIT

Before use, fully charge the battery. After connecting the charging dock to a power source, place the VarioSonic into the charging dock. The charge level indicator will illuminate when unit is ready to use. VarioSonic will function for up to three weeks of normal usage before requiring recharging. While it is not necessary to place the unit into the charging dock after each use, doing so will help it dry properly and maintain a secure, upright position.

Choosing A Brush Head

VarioSonic brush heads are scientifically designed for safe, gentle cleaning. All are highly effective at removing plaque for better gum health. We recommend that you try each one and assess your progress after several brushing sessions. The ideal brush head will leave you feeling refreshed and thoroughly clean without any lingering sensitivity. (Note: Those with significant sensitivity should begin with V105 before progressing.)

REMOVE FROM PACKAGING

Carefully remove the brush head from its envelope. If desired, thoroughly rinse the entire brush head under running water prior to use.

ATTACH BRUSH HEAD

With the brush head facing toward the front of your VarioSonic unit, insert it onto attachment point by pushing down firmly. Gently tug the brush head upward to ensure it is securely attached before use.

REMOVING/CHANGING THE BRUSH HEAD

Hold the VarioSonic unit firmly with one hand. Using your other hand, gently grasp the brush head by the plastic portion (not the bristles) and pull upward to remove.

REPLACING WORN BRUSH HEADS

Replace the brush head after three months of normal use or when it becomes worn, whichever comes first. Softer bristles will need to be replaced more frequently. See page 17 for reordering information.

Brush Heads

V105:

FEATHER SOFT for the most sensitive teeth and gums. Tapered for gentle cleaning power.

V110:

ULTRA SOFT with longer, curved bristles. Slightly stiffer than V105 yet still very gentle.

V130:

HYBRID SOFT combines two types of bristle fibers to reach deeper between teeth.

V180:

EXTRA SOFT has shorter bristles with gentle curvature.

V200M:

NORMAL SOFT for those with healthy gums. (This brush head is most similar to 'normal' soft manual toothbrushes.)

Selecting the Cleaning Mode

VarioSonic offers five distinct brushing modes designed to maximize the cleaning power of our exclusive brush heads by optimizing three key parameters: rotational velocity, dynamic motion and articulation. All five modes offer highly effective cleaning. Simply choose one that feels right for you and leaves you feeling most refreshed.

SELECT MODE

Press the mode selector button to begin the brushing cycle. Pressing the button once starts the brush in mode 5, our strongest setting. Pressing the button again (within three seconds) moves to the next mode, and the next mode after that. (For example: to select mode 2, press the button four times with no more than three seconds in between.) If you wait longer than 3 seconds to press the button, it will turn the brush on and off.

USING THE TIMER

VarioSonic features a built-in timer automatically programmed for the ideal two-minute brushing session. See page 11 for more information.

STOPPING THE BRUSH

Pressing the mode selector button at any time after the brush has been operating for three seconds or more will end the cleaning cycle.

Cleaning Modes

MAXIMUM PROTECTION FOR SENSITIVE TEETH & GUMS

VarioSonic offers five distinct brushing modes. Experience clinical-level oral hygiene without exerting excess pressure that can damage teeth and gums. The combination of soft DuPont™ Tynex® bristle filaments and microprocessor-controlled motion deliver deep cleaning together with total comfort.

Mode 5 is our strongest, for every day cleaning of healthy teeth and gums. Mode 1 is our most sensitive, for those who struggle with sensitive teeth and gums. And, we have 3 modes in between. Pair the best PRO-SYS VarioSonic brush with the vibration mode that suits your dentition.

Cleaning Modes

Five distinct, microprocessor-controlled cleaning modes give you freedom to choose the ideal level of cleaning power and dynamic brush head articulation every time.



Operation/Brushing Your Teeth

VarioSonic is more effective and efficient than ordinary toothbrushes. Follow these tips to ensure you're enjoying the best brushing experience every time.

USE GENTLE PRESSURE

Let the brush do all the work. Use only enough pressure to maintain brush contact with your teeth and gums. This is a key benefit of VarioSonic compared to manual toothbrushes in that you experience deep, effective cleaning without exerting excess pressure that can damage teeth and gums over the long term and cause or exacerbate sensitivity.

SELECT A MODE TO BEGIN BRUSHING

Pushing the mode selector button will cause the brush to move and begin its cleaning cycle. Press the mode selector button according to the instructions on page 9 until you have selected the desired cleaning mode.

BRUSH EACH QUADRANT FOR 30 SECONDS

VarioSonic's electronic timer is programmed for the ideal two minute brushing session. Dividing your mouth into four sections, brush each for 30 seconds. VarioSonic will pause at 30 seconds intervals as a reminder to move to the next quadrant.

STOPPING THE BRUSH

Press the mode selector button at any time after the brush has been operating for three seconds or more to end the cycle.

Cleaning and Storage

TO CLEAN YOUR VARIOSONIC

Important: NEVER submerge the charging dock or VarioSonic unit in water.

If either piece has been accidentally submerged, safely disconnect from the power source immediately. DO NOT attempt to operate after being fully submerged as damage may have occurred.

AFTER EVERY USE:

- Rinse the brush head thoroughly under running water until it is free of all remaining toothpaste and debris. For quicker cleaning, you may turn the unit on to activate brush head movement. Be careful to avoid water splatter.
- If necessary, wipe your VarioSonic unit with a damp, soft cloth.
- Allow to air dry.

AFTER REPEATED USAGE:

- Remove the brush head and wipe away any accumulated toothpaste and debris.
- Disconnect the charging dock from power source and wipe clean with a soft, damp cloth.
- Allow all parts to air dry before reassembly.

FOR BEST PROTECTION:

- Store your VarioSonic in the travel case and/or a clean, dry place.
- Avoid storing in extreme temperature conditions.
- Keep away from children.

Troubleshooting

PROBLEM:

The toothbrush will not operate.

POSSIBLE CAUSE:

Toothbrush may require charging.

SOLUTION:

Check the charge level indicator to confirm there is charge remaining. If not, charge the brush fully.

PROBLEM:

The toothbrush is not charging.

POSSIBLE CAUSE:

Toothbrush may not be properly inserted into the charging dock.

- The charging dock may not be connected to a power source.
- Ambient temperature may be too hot or cold for charging to safely occur.
- Cables may be damaged and require replacement.

SOLUTION:

- Confirm that the toothbrush is fully inserted into the charging dock.
- Check that the charging dock is connected to a power source.
- Ensure the unit is being used in a room temperature environment.
- Safely disconnect from power source. Inspect cables for damage. If damaged, do not operate the unit. Contact customer service for replacement part(s).

Troubleshooting

PROBLEM:

The brush head movement is weak or slow.

POSSIBLE CAUSE:

- Toothbrush may require charging.
- The area between the toothbrush head and the toothbrush handle may need to be cleaned.

SOLUTION:

- Check the charge level indicator to confirm there is charge remaining. If not, charge the brush fully.
 - Remove toothbrush head and thoroughly clean the metal shaft of the toothbrush handle as well as the inside of the toothbrush head.
-

PROBLEM:

Increased pressure is required when brushing for sufficient cleaning.

POSSIBLE CAUSE:

Brush head may be worn or damaged.

SOLUTION:

Replace the brush head at least every three months or when worn or damaged. See page 17 for ordering instructions.

PROBLEM:

Unit shuts off after two minutes.

POSSIBLE CAUSE:

VarioSonic has an automatic timer feature.

SOLUTION:

Unit is operating properly. See page 11.

Troubleshooting

PROBLEM:

Unit pauses every thirty seconds.

POSSIBLE CAUSE:

VarioSonic has an automatic timer feature to indicate when it is time to move to the next quadrant.

SOLUTION:

Unit is operating properly. See page 11.

IMPORTANT:



YOUR VARIOSONIC PRO-SYS HAS A 1-YEAR WARRANTY.

If malfunction cannot be remedied by following the instructions above, discontinue use immediately and contact customer service. Damage may have occurred and/or certain parts may be defective.

To register your PRO-SYS VarioSonic toothbrush please visit www.pro-sys.com/warranty.

Reordering Brush Heads

REPLACE BRUSH HEADS WHEN WORN OR EVERY THREE MONTHS, WHICHEVER COMES FIRST.

VarioSonic brush heads are designed exclusively for use with the VarioSonic power toothbrush. To maintain maximum effectiveness, it is important to replace them regularly—before they become worn. Softer bristles will need to be replaced more frequently.

TO PROTECT BRUSH HEADS AGAINST PREMATURE WEAR OR DAMAGE, FOLLOW THESE TIPS:

- Rinse brush heads thoroughly after each use.
See page 12 for more information.
- Never rinse the brush heads with scalding hot water. Doing so may damage the fibers or warp the entire brush head.
- Do not exert unnecessary pressure while brushing. Use only the amount of pressure required to maintain contact with teeth and gums while letting the brush do the work.
- Always allow brush heads to air dry thoroughly between uses.

**TO REORDER: Visit PRO-SYS.com or
call 1-888-992-3626**



Technical Data

Model: [5203-969]

Article Number: SS1PEUW001

Mains Voltage: 100-240 V ~, 50/60 Hz.

Power Consumption: 1.5 W

Protection Clas: III

IP code: IPX7

Dimensions:

Toothbrush (LxWxH) 2.8 x 2.6 x 25.4 cm

Charging Dock (LxWxH) 5.2 x 5.2 x 3.4 cm

Rechargeable Battery: 3.7 V, 700 mAh

Operating Time: 42 times/full charge

Timer: 0.5 second pause after approx. 30 seconds, deactivation after 2 minutes

Safety Instructions

ALWAYS:

- Keep the unit, charging base and all small parts in a dry place and away from children.
- Supervise and carefully instruct older children and impaired persons on the safe usage of the toothbrush. All users must first fully understand the risks of operation.
- Talk to your dentist before changing your home oral care routine if you are undergoing treatment for a condition.
- Use in a room temperature environment.

NEVER:

- Submerge the unit or charging dock in water.
- Position the unit or charging dock in wet area or where it is in danger of being submerged in water.
- Touch the USB port with wet or damp hands.
- Attempt to open the unit, repair or replace the battery. The unit is not user serviceable.
- Use an extension cord to connect to power source.
- Kink the main cord or lay it near sharp objects.
- Drop the unit or charging base. Do not attempt to use if unit has been accidentally dropped as it may have been damaged and subject to malfunction.
- Operate the unit if it appears visibly damaged, cracked or warped in any way, or if you suspect damage or malfunction.
- Leave the unit unattended while power is on.
- Use brush heads or accessories not recommended by manufacturer.

How can we help?

Need to reorder brush heads?
Do you have a question?

Simply visit **PRO-SYS.com** or call **1-888-992**



Would you like to tell us what you
like most about VarioSonic?

Please consider giving us a positive product review on Amazon.

thank you!

ABOUT OUR COMPANY

You may not recognize the PRO-SYS name... but your dentist does.
Founded in 1930, Benco Dental is the leading family-owned distributor of professional dental products and technologies.
PRO-SYS was created in 2014 to make that same professional-grade clinical efficacy available directly to consumers, for a dentist-like clean at home.

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